

Jewish tradition

In the Jewish tradition, for conception to take place the parents must visualize the child's image, which must descend into the nuptial bed. Child education starts from the moment of conception.

Aboriginal Australian Tradition

In the tradition of the Aboriginal Australians, each child to be conceived must first be dreamt by its father, before coming into the world.



Child Conception in African Tradition

There is a tribe in East Africa where the art of true intimacy, attachment, is encouraged even before birth. In this tribe, a child's birth date is not considered to be the day of its physical birth or the day of its conception, like in other cultures. For this tribe, the birth date is

represented by the moment when the idea of a child is born in the woman's mind. Conscious of her intention to procreate with a certain man, the woman withdraws in solitude. There, she sits and listens until she can hear a tune, which will be the song of the child she wants to conceive.

The moment she hears that song she returns to the village and teaches it to the future father so that they will be able to sing it together while making love, inviting the child to join in.

After the child is conceived, she sings the song to it as long as it inhabits the womb. Then the pregnant woman teaches the elderly women and the village midwives the song, so that during labor and the miraculous moment of birth, the child could be greeted and welcomed with his/her song. After birth, all the members of the tribe sing to the newborn every time he/she falls, gets hurt or sick. They also sing it to him/her in moments of triumph, rituals or initiations. The same song becomes an integral part of the wedding ceremony (when the child becomes an adult) but also accompanies him/her on the deathbed when the loved ones sing it to him/her for the last time.



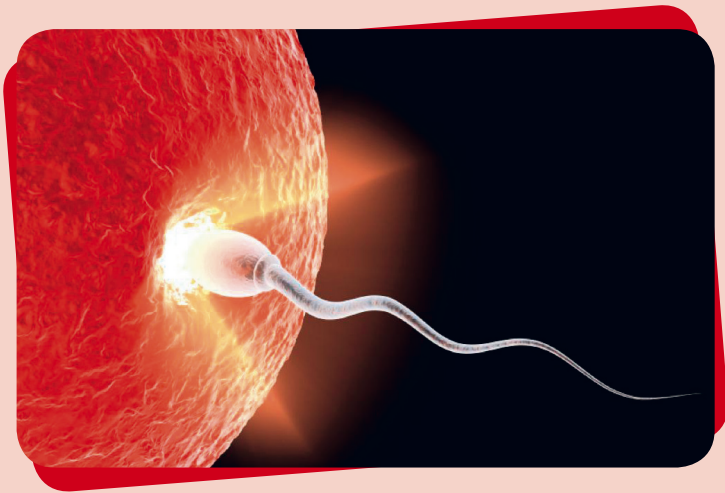
CHILD CONCEPTION
in different traditional societies –
a first page from the
history of the future



International Revised Edition

Child conception

Due to medical scientific research, it is now known that the woman can conceive a child during a well-established period of her menstrual cycle – 6 days with maximum probability, that is 5 days before and the day when ovulation takes place. Ovulation is the process by which the egg is released from the ovaries. If during this time sexual intercourse takes place, the ovule emits signals and attracts one of the millions of spermatozoa to fuse with it and participate in the creation of a new human being.



A simple calculation allows the determination of this fertile period: for a 28-day cycle, the fertile period occurs between day 10 and 18 of the cycle; for a 32-day cycle, between day 12 and day 20; for a 22-day cycle, between day 7 and day 15.

The day when ovulation takes place can sometimes be sensed by the women who know and feel their own body well: slight abdominal pain, like a cramp, a more fluid and transparent vaginal mucus, like the egg white. There are other conditions as well which must be met in order to conceive a child.

First of all, it is necessary that the future parents, especially the mother, should be physically healthy, and as free of toxins as possible. For example, if they wish for a child, the future parents can go through a detoxification at least 6 months before, eliminating the toxic and artificial substances from their diet, giving up harmful habits like smoking, consumption of alcohol and other substances, etc. After physical purification, it is important that the food should be as natural and ecological as possible.

Emotional detoxification is equally important. An exercise of eliminating blockages should be performed:

- Self-forgiveness and forgiving the others
- Freeing oneself of emotional imprints coming from the past or from the family clan
- Cultivating empathy and compassion, fundamental parental qualities

This will create an emotionally safe, harmonious environment for the child, allowing him to develop his own full potential.

Child conception in different cultures

Far Eastern Tradition

The principles of the philosophic, religious system in China, dating back 2000 years, advise against conceiving a child in the following situations:

- storm or gale
- waning moon
- one of the partners is weakened or ill
- one of the partners is under the influence of alcohol or other toxic substances

It is advisable to avoid sexual excesses before conception to strengthen the body and the sexual energy.

Child Conception in Indian Traditional Medicine (ayurveda)

The procreation of children is prepared long before the moment of conception proper by:

- a certain diet;
- a period of abstinence;
- spiritual preparation specific to Indian beliefs, involving rituals.

The future parents must be in a state of good health, including mental balance.

To prepare conception, health problems are corrected through ayurvedic remedies when possible.